
Implementation of UHVE in RUB and Its Impact in CST & GCBS

by

CST & GCBS

Royal University of Bhutan

Implementation of UHVE and Its Impact in CST and GCBS

1. College of Natural Resources (CNR), Lobesa, Wangduephodrang.
2. College of Science and Technology (CST), Rinchending, Phuentsholing, Chukha.
3. Gaeddu College of Business Studies (GCBS), Gedu, Chukha.
4. Institute of Language and Culture Studies (ILCS), Taktse, Trongsa.
5. Jigme Namgyel Polytechnic (JNP), Dewathang, Samdrup Jongkhar.
6. National Institute of Traditional Medicine (NITM), Thimphu.
7. Paro College of Education (PCE), Paro.
8. Royal Institute of Health Sciences (RIHS), Thimphu.
9. Samtse College of Education (SCE), Samtse.
10. Sherubtse College (SC), Kanglung, Trashigang

Affiliated College

1. Royal Thimphu College (RTC), Thimphu
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Implementation of UHVE and Its Impact in CST and GCBS

College	Chairperson	Convener	Mode of Offer
CNR	Dorji Wangchuk	Bhakta Shangshong	Workshop
CST	Dr. Cheki Dorji	Tshering	Credit (for IT student) Workshop (for others)
GCBS	Lhato Jamba	Lhundup Wangdi,	Credit
ILCS	Lungten Jamtsho	Tenzin Jamptsho	Workshop
JNP	Dr. Andu Dukpa	Kala Tshering	Workshop (1 st Year)
NITM	Dorji Wangchuk	Sherab Dorji	
PCE	Thubten Jamtsho	Karma Jigyel	Spread over 2 semesters
RIHS	Chencho Dorji	Neyzang Wangmo	Workshop
RTC	Tenzin Yonten	Shivraj Bhattarai	Half Semester
SC	Tshering Wangdi	Sangay Thinley	Workshop course
SCE	Keyzang Tshering	Pema Dukpa	

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Response	CST		GCBS		Total
	Staff	Student	Staff	Student	
3 days	5	8	11	164	188
5 days	1	6	9	155	171
8 days	5	156	15	132	308
Semester	0	20	0	79	99

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IMPACT STUDY

66.76 % (strongly agree, agree) agreed to have reduce their negative emotions.

“After attending the workshop my negative emotions such as anger, greed, jealousy and irritation had reduced, I don’t regret sitting cross leg on floor for eight day” -
A student, CST.

93.23 % (Strongly agree, agree) - brought positive changes in them

“After UHVE course, I have stopped drinking, thus chaos and misunderstanding among friends has been drastically reduced. Time management has improved and relationship with friend became better”, - *A student, CST.*

“I stopped drinking and smoking because it does not nurture my body, thanks to human value workshop”- *Student, CST, December 2013.*

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Impact Study cont.

Misunderstanding, conflict and dispute are some of causes of unhappiness within and with others, 79.23% (strongly agree, agree) of the participants agreed unhappiness due to these causes have reduced in them

69.69% (strongly agree, agree) of the respondent could decide required physical facilities

A student respondent wrote “After attending this workshop, I realized that I actually need not have to spend a lot of money. I can actually be happy with what I have”.

“Before attending UHVE workshop, I too was a person who always equates physical Facilities as true happiness”- *Student , CST*

Another student wrote “After attending 8 days workshop, I had a feeling that happiness rooted from physical facilities is temporary”.

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Impact Study cont.

67.48 % agreed that UHVE workshop improved their work efficiency and time Management.

“After Value Education course, I stopped playing Dota games and gave more importance to his studies. Time management has improved and also became friendlier with colleagues.”- *A student respondent*

78% (strongly agreed, agree) of the respondent agreed the cause of unhappiness is more due to lack of fulfilment in the relationship

“I feel that I have under gone behavioural changes. Before I never interacted and communicate with my parents. Having learnt harmony in family, I understood relationship is important. I have now started making calls to parents, brothers and sister”- *CST Student*

Another student wrote “After this workshop, I have started calling my brother, mother and father regularly. Before, I use to call them when I need money”.- *A student Respondent*

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Impact Study cont.

96.46 % felt the need of UHVE for harmony at all four levels

93.69% (strongly agree, agree) of the participants agreed that UHVE can be practiced.

88 % agreed to share the content of course with their friends and family as to let them know the responsibility of human in the existence.

92.15 % (strongly agree, agree) would like to recommend this workshop to their friends and family members.

“After attending workshop I thought that every people in this world must get chance to attend this workshop”. – *A student Respondent*

“I started seeing negative attitude in me; workshop must be conducted for all Bhutanese”. – *CST Student*

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Awareness about the GNH principle

82.61% (Strongly agree, agree) agreed with UHVE is conducive to GNH

Response	CST		GCBS		Total	blank
	Staff	Student	Staff	Student		
Yes	5	180	19	440	644	2
No	0	3	0	1	4	

Respondents knowledge on 4 pillars of GNH

87.53% (strongly agree,agree) have agreed that UHVE will assist in implementation

of GNH. Response	CST		GCBS		Total	blank
	Staff	Student	Staff	Student		
Yes	4	172	20	436	632	7
No	1	8	0	2	11	

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GNH and UHVE are co-related in a highly complementary manner

Gross National Happiness (GNH)	Universal Human Values and Ethics (UHVE)
Holistic: Recognizing all the aspects of people's needs, be these spiritual or material, physical or social.	All Encompassing: Covering all aspects of human existence – from individual to family to society to nature/existence.
<p>Balanced: Emphasizing balanced progress towards the attributes of GNH</p> <p>Collective: Viewing happiness to be an all-encompassing collective phenomenon</p> <p>Equitable: Achieving reasonable and equitable distributed level of wellbeing</p>	<p>Natural and Verifiable: Naturally Acceptable to human being & there is provision in nature for its fulfilment. Verifiable through one's own Natural Acceptance as well as experience in living in harmony</p> <p>Rational: Logical, appeals to human reasoning</p>
Sustainable: Pursuing wellbeing for both current and future generations	Leading to Harmony: Among human beings and with nature/existence – for all time and all space

(Source: An analysis of GNH Index)

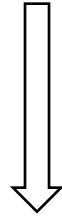
(Source: A foundation course)



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1. People's Education Program : for adults

Teachers Orientation
Program (TOP)...
**Reach out to every
person in Bhutan**



People with Right Understanding & Right Feelings

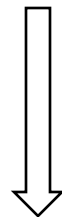
- Parents - Policy Makers

- Teachers

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2. Education-*Sanskar* Program : for children

UHVE course in RUB...
**Centres of value
based education in
Bhutan**



People with Right Understanding & Right Feelings

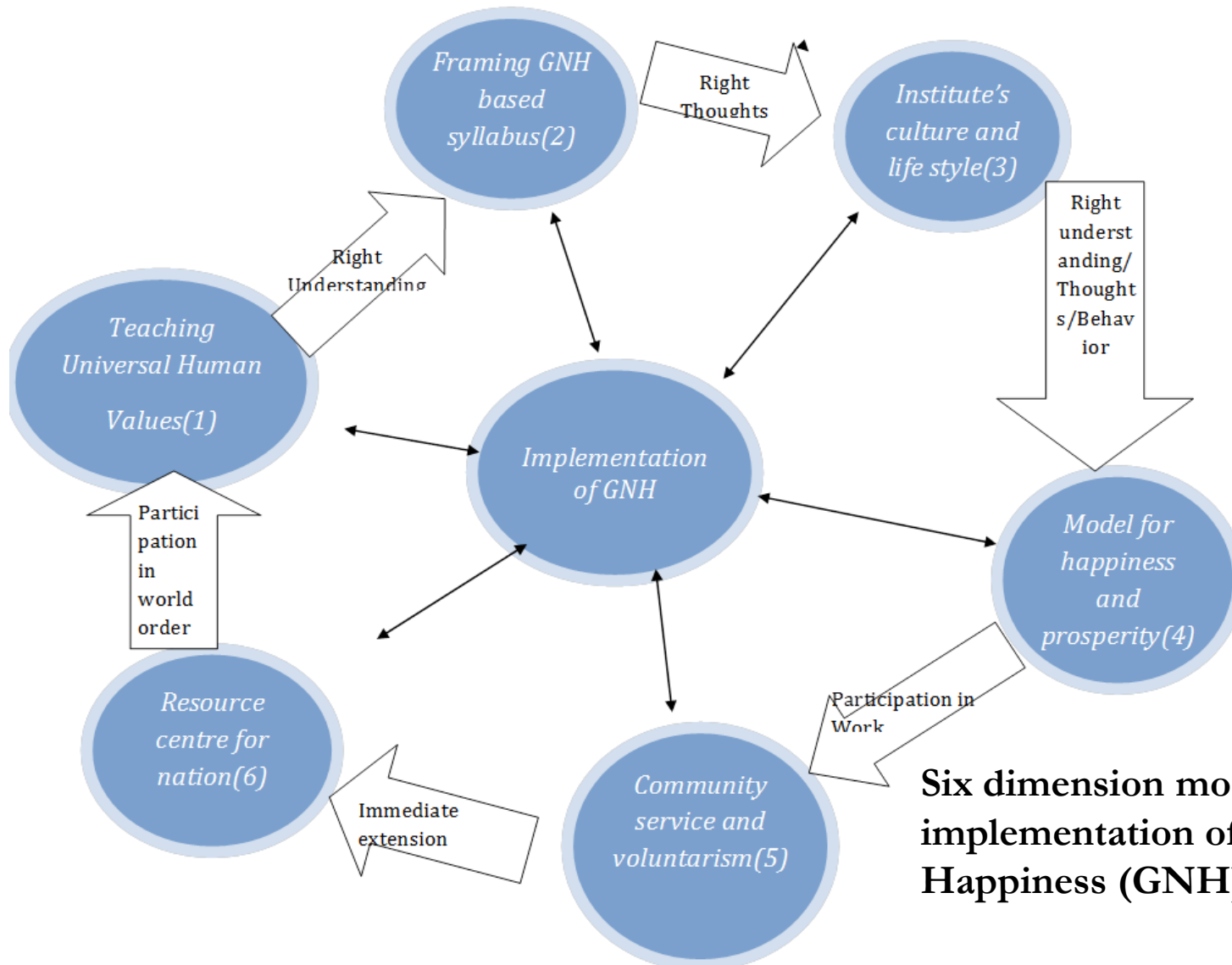
- People with definite Human conduct, the competence
to participate in Universal Human Order

3. Undivided Society, Universal Human Order Program

**Intensive effort on
adhyayan...** Harmony
(vyavastha) in Family,
in College...in Village...

Fulfillment of Human Goal

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Six dimension model for effective implementation of Gross National Happiness (GNH):

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CONCLUSION

1. UHV is highly complementary to GNH. UHV can provide the base and details for GNH
 2. UHV can be communicated, taught in the classroom and it can be practiced, in the educational institution and in the society – it can be part of education, particularly for facilitating GNH
 3. Preparation of teachers must be intensified in all colleges, in particular, the teacher training colleges. UHV can be introduced in schools and in informal education once teacher development and readiness is ensured
 4. The syllabus of higher education (at least) needs to be revised to align the education to GNH. Currently education is aligned to GDP. The basic work on this can start in progressive colleges which have the commitment and initial competence to do this
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THANK YOU
